

# Longshore Safety Tip

March - 2020

## 2019 Novel Coronavirus (COVID-19) Precautions

The 2019 Novel Coronavirus (COVID-19) is a new virus that causes respiratory illness in people and can spread from person to person. This document provides guidance for longshore workers to help prevent COVID-19 infections.

### Symptoms and Evaluation

Symptoms may include fever, cough, and shortness of breath. Patients have a fever if they feel warm to the touch, give a history of feeling feverish, or have a measured temperature of 100.4°F (38°C) or higher. COVID-19 infections have ranged from little-to-no symptoms to severe illness and death. The incubation period is believed to be 2–14 days.

Vessels arriving from China generally have a transit time in excess of the COVID-19 incubation period of 14 days and any person who contracted the disease would be visibly sick and detectable on arrival and required CDC reporting requirements would have to be followed.

### Basic Hygiene and Precaution Measures

There are simple everyday preventive actions to help prevent the spread of respiratory viruses. These include:

- **Stay home when sick.**
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap & water for at least 20 seconds. Use hand sanitizer that contains at least 60% alcohol if soap is not available.
- Porters should wear latex gloves when handling luggage.

### What is Being Done?

The Coast Guard, CDC, and CBP are taking proactive steps to ensure West Coast ports are informed of measures being taken in response to COVID-19.

CDC requires that ships destined for a US port of entry immediately report any death onboard or illness that meets CDC's definition of *ill person*, including suspected cases of COVID-19.



LIMA Flag means "vessel is under quarantine."



QUEBEC Flag / Plain Yellow means "vessel is healthy and requests boarding."



Cover your mouth and nose with a tissue when you cough or sneeze or

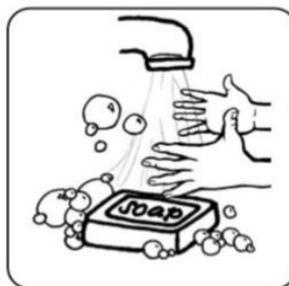
cough or sneeze into your upper sleeve, not your hands.



# Clean your Hands

# Cover your Cough

after coughing or sneezing.



Wash hands with soap and warm water

or clean with alcohol-based hand cleaner.



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