

Longshore Safety Tip

June-2010

CONTAINER HANDLING EQUIPMENT CAB SAFETY

Many injuries that occur in the cab of a UTR are avoidable



- Always wear your seatbelt (PCMSC Rule 920)
- Properly adjust your mirrors before the start of work (PCMSC Rule 921)



When entering or exiting your vehicle, keep your hands free (lunch pail, hard hat etc). Use the ladder & handrails, face the vehicle and use the three point entry (two hands & one foot or two feet & one hand). Always keep in contact with the vehicle.

Never jump from the equipment !!!!!

(PCMSC Rule 922)

Stow personal items to prevent them from falling onto you, pedals, steering wheel or shifter.



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Equipment Cab Safety



To avoid strains and sprains, stand up and face doors before opening. Do not try to open or close the door from an awkward seated position.

If provided, adjust your lumbar support to provide even support for your entire back.



Keep Items off the cab dashboard that might restrict your vision.

To avoid injuries to your fingers or hands, keep them out of the pinch points of windows and doors.



PCMSC Rule 629



The use of personal electronic devices, i.e., AM/FM radios, cellular phones, portable TVs, portable tape players, and lap-top computers are prohibited on the job.

***Never talk on your cell phone while driving in the yard.
It's Just Not Safe !!!!***



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